

The B.B. Zeitlyn Psychotherapy Training Fund

www.bbzeitlyntrust.org.uk

Saturday 9th July 2022

**AUTONOMIC COUNTERTRANSFERENCE:
How we can learn from our own bodily reactions.**

11am – 2.00pm

Registration and Coffee from 10.30am

In the Friends' Meeting House
(next door to 69A) High Street, Saffron Walden CB10 1AA

Dr Rob Hale will present and discuss a recent paper exploring countertransference in all its forms as a vital tool to the understanding of our clients and patients, particularly of those with a psychopathic psychic structure.

The disturbing emotions aroused in the therapist are evoked via the autonomic nervous system. Violence provokes a sympathetic reaction, perverse sexuality a parasympathetic response; in each case this is at a largely unconscious level and thus all the more powerful. The impact on the therapeutic process is then examined both at an individual and an institutional level. My definition of a psychopath is "someone who brings out the worst in me".

The talk will make links between suicide, violence and perversion.

Speaker: Dr Rob Hale

Rob Hale, like Bernard Zeitlyn, originally trained as a psychiatrist and psychoanalyst. He held a research post at St Mary's hospital in London where he worked closely with people who had attempted suicide. Rob Hale worked at the Portman Clinic for many years with patients who acted out in a violent or sexually deviant way. He is the co-author with Donald Campbell of *Working in The Dark: Understanding the pre-suicide state of mind*, published by Routledge in 2017.

Cost is £50.00 and includes coffee and lunch

You can book online via Eventbrite here to attend in person:

<https://www.eventbrite.co.uk/e/autonomic-countertransference-how-we-can-learn-from-our-bodily-reactions-tickets-349434326477>

Or using the following form:

BOOKING FORM

AUTONOMIC COUNTERTRANSFERENCE: How we can learn from our own bodily reactions.

**In the Friends' Meeting House
(next door to 69A) High Street, Saffron Walden CB10 1AA**

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The Friends' Meeting House is situated in the High Street (next door to 69A) near the centre of the market town of Saffron Walden (post code CB10 1AA). There are no parking facilities at the Meeting House but parking is available on the town's Common, or at Swan Meadow – both within a 5 minute walk of the Meeting House.

Rail travel is to Audley End station on the Liverpool Street to Cambridge line (journey time from London around 50 minutes), with trains approximately every half hour. There are regular taxi services from the station to Saffron Walden, which is 2 miles from the station.

Please book..... place(s) for: AUTONOMIC COUNTERTRANSFERENCE: How we can learn from our own bodily reactions.

Names and addresses of people attending

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Professional Background(s)

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Contact Telephone Number for the booking

Email Address

The completed booking form should be sent, together with a cheque (£50.00 per person) made out to the **B.B. Zeitlyn Psychotherapy Training Fund**, to:
Tracy Papworth, 34 Church Road, Stow cum Quy, Cambridge CB25 9AF

If you would prefer to pay via bank transfer please contact bbzeitlynmain@gmail.com for our bank details.

Confirmation of your booking will be sent to you via email.

Booking closes on Friday 8th July at 4.00pm.
Early booking is recommended as places are limited